



Caladenia

DEMENTIA CARE

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*PROVIDING SUPERIOR SERVICES TO ENHANCE THE
QUALITY OF LIFE FOR PEOPLE LIVING WITH DEMENTIA.*

MARCH 2022

CHAIR'S REPORT

On behalf of the Board and all the readers of this Newsletter, I want to thank our Team Caladenia (Management, Staff and Volunteers) for continuing services to our consumers over the last two years of Covid-19. It has been inspiring to read of the innovative efforts of the Team in developing different services for people living with dementia in our area of operations, and to expand our services in conjunction with other like-minded agencies in the area. With Government support, all this work has enabled us to keep together our experienced and caring Staff.

These efforts culminated in the Yarra Ranges Council recognising Caladenia as the Community Group of the Year in its Australia Day Awards 2022. This prestigious local Award reflects well on our Team and their maintenance of contact with our consumers by so many different non-face-to-face strategies.

I would also like to congratulate our Board Finance Director, Hannah Sutherland, for her award during the year of a Certificate of Appreciation from the Commonwealth Bank and Our Community 2021 Treasurer's Awards.

Recently we have had two of our local Board Members resign from the Board due to health issues – Peter John and Gary Burgess. Thank you for your service Peter and Gary, we wish you well and look forward to you maintaining contact with the Caladenia community.

As a result of these departures, we are seeking new Board Members to bolster our numbers. If a volunteer community role like this is of interest to you, please initially contact me (0425 729 769) or Sarah Yeates at Caladenia during business hours.

We would be delighted to meet with you to discuss such an appointment and to provide you with details.

Regards,
Harry Moyle
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**Australia Day Award Winners 2022:
Community Group of the Year**

**JOINTLY FUNDED BY THE AUSTRALIAN GOVERNMENT DEPARTMENT
OF HEALTH AND THE VICTORIAN GOVERNMENT.**

ASKING THOSE WHO COUNT

AUTHOR: NICOLA WEEKS

Caladenia's Community revolves around our Members and our Members' welfare. When Coronavirus hit the world, it had a huge impact on what services Caladenia could provide. We had to become adaptive and develop ways in which we could still deliver a service. Throughout the two years we endured of Covid-19, which thankfully appears to be slowly disappearing, our Members developed new skills, as we began the provision of new isolation services. One of our main forms of services we provided during lockdown, was programs delivered via Zoom. This was a new platform for us, especially our Members. We thought it may be a great idea to hear about some of our Members experiences during Covid-19 isolation, and the services they received via Caladenia.

WE ASKED ALL OUR MEMBERS THE SAME FIVE QUESTIONS...

INTRODUCING FRANK

How did you find the set-up of social Zoom during the Covid-19 lockdowns?

"I found them very good. After the first-time using Zoom, I found it easy to set up."

Do you feel Caladenia continued to provide you with good services during lockdown, even though it wasn't face to face?

"Yes. I was very impressed with the Zoom as it gave me someone / some people to communicate with."

Frank, what was your favourite part about Zoom sessions? Is there anything you disliked?

"I enjoyed the ability to communicate with others, also the games and activities we played during Zoom."

Is there anything you think Caladenia could have done differently, or introduced?

"No, I feel that there was always something to do, i.e., the activity packs. Also, being able to ring at any time was also a nice thing."

Is there anything else you'd like to mention?

"Overall, I was very pleased with the services provided during Covid-19. Now that we are back, I am really looking forward to being inhouse and on outings. Thank you so much for all your hard work."



THIS IS OUR WONDERFUL MEMBER, DOT.

How did you find the set-up of social Zoom during the Covid-19 lockdowns?

"Great setup and thanks to all staff that helped me learn how to get on Zoom."

Do you feel Caladenia continued to provide you with good services during lockdown, even though it wasn't face to face?

"Enjoyed the Members' company on Zoom, great conversations and games."

What is your favourite part about Zoom sessions, and is there anything you disliked?

"Being able to have a social chat every day, there is nothing I disliked."

Is there anything you think Caladenia could have done differently, or introduced?

"Nothing to change, great set up."

Is there anything else you'd like to mention?

"Congratulations to all the staff effort that was made to make it work for the Members."



INTRODUCING ROD

Rod, how did you find the set-up of social Zoom?

"Once I figured out how to use it, it was great!"

Do you feel Caladenia continued to provide you with good services during lockdown, even though it wasn't face to face?

"Well, I miss being at Caladenia and winding up Bronwyn!"

What is your favourite part about Zoom sessions, and is there anything you disliked?

"I found it hard to stay awake at times, but when I did I really enjoyed it"

Is there anything you think Caladenia could have done differently, or introduced?

"Not really."

Is there anything else you'd like to mention?

"I really enjoy chatting with different people and talking about different topics. Now my interaction is only via Zoom, I really look forward to my regular sessions and don't like it when I can't attend!"



THIS IS TAS, AS WELL AS BEING A MEMBER HERE AT CALADENIA, TAS ALSO IS ONE OF OUR BOARD MEMBERS.

Tas, how did you find the set-up of social Zoom?

"It was a great alternative given the circumstances.."

Do you feel Caladenia continued to provide you with good services during lockdown, even though it wasn't face to face?

"Yes."

What is your favourite part about Zoom sessions, and is there anything you disliked?

"I had enough of Covid-19 by the end of it, but I think so did everyone, just the lockdown in general. I became fed up everything towards the end."

Is there anything you think Caladenia could have done differently, or introduced?

"No, I think it was the right time to try new things, within the circumstances given, which Caladenia did. You are never going to please or suit everyone, but it worked well for us!"

Is there anything else you'd like to mention?

"Having the structure i.e. 1.30 daily or Monday/Wednesday, helps give me some sense of normal, it gave me and still gives me something to look forward to in what were strange times for everyone."



2021 NOT FOR PROFIT TREASURER'S AWARDS

We were so pleased to be able to nominate Caladenia's Treasurer **Hannah Sutherland** for the 2021 Not for Profit Treasurers Awards.

Hannah received a certificate of recognition for her work on behalf of Caladenia and the Caladenia Community.

Hannah joined Caladenia in January 2015 as a member of the Board of Directors and Finance Committee. Hannah's qualifications include a Bachelor of Business (Law) and a Graduate Diploma of Chartered Accounting. She has thirteen years' experience in Public Practice accounting and auditing services. She currently lives in Lilydale, and has lived in the Shire of Yarra Ranges her whole life. When she is not poring over budget spreadsheets, Hannah enjoys gardening, walking her dog, and spending time with family and friends.

Well done Hannah – thanks so much for your important contribution to the smooth running of our organisation.



CELEBRATING 20 YEARS WITH CALADENIA



SALLY WARD

Sally started in 2002 and was employed one day a week as a cook for the now defunct "Altitude Club". Sally brought a range of nutritious choices to the programs, and is responsible for changing the way the staff thought about meals.

Over the years Sally has had many roles, as Activity Assistant, Program Leader, Sunday Program Leader, and Sally was one of the staff who used to go away on our short holidays away.

Sally has always had an interest in food and food preparation and has guided us as our Members' needs became more complex, introducing information and procedures for pureed option as well as thickened fluids. No matter how the meal had to be modified, Sally was able to present an attractive plate of food. Something that is so important here at Caladenia where most of our social norms and rituals revolve around sharing food.

Due to personal circumstances Sally had to take a break from Program Leading, but this happened to almost coincide with Caladenia's need for a separate WH&S and Food Safety role as these were removed from the CEO's position description.

Sally undertook a Certificate IV in Workplace Health and Safety just as the Pandemic hit, and has had a nearly full time job during Covid-19 writing our Pandemic Plan, our contingency and business continuity plan, as well as totally reviewing and updating our Food Safety Plan.

Sally has taken on staff training, as well as staff morale and welfare and has been a touchstone of knowledge and reassurance during the last 2 challenging years.

Sally's role has been cemented now, and I know that I rely on her for solid advice on legislation and good work practices.

Happy 20 years Sally – and here's to many more!!



DATES FOR YOUR DIARY

Friday 15th April.....CLOSED for Easter

Monday 18th April.....CLOSED for Easter

Monday 25th April.....CLOSED for ANZAC Day

Monday 13th June.....CLOSED for Queen's Birthday

Saturday 9th July.....Volunteer Training Day

THANK YOU TO ALL THE FOLLOWING GENEROUS DONORS:

Aileen & John Rocca
Amanda Kool
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