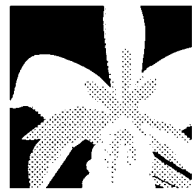


Providing superior services to enhance the quality of life for people living with dementia.



CALADENIA
DAY CENTRE
INC.

NEWSLETTER - AUTUMN 2009

Appreciation



At the end of 2008 we were welcomed by the Caladenia Day Centre to complete the Billanook College Community Service Program. As part of the program we visited the centre for 4 days and during this time we learnt a lot from the members as well as the Caladenia staff. We did a lot of talking with the members and played games like go fish, mini golf, uno and bingo. We also had a great time competing against them in lawn bowls.

Spending a week at Caladenia taught us that community service is not only beneficial for the people being helped,

but was also of great benefit for us, as we learnt so much.

We got to meet lots of lovely people that we normally would not have the chance to associate with. It was a very rewarding experience for us.

We would like to thank the staff and

members of the Caladenia Day Centre for sharing with us during our community service program.

Rhys Lynch and Brandon Oswin

Year 11

Billanook College

PLEASE NOTE

Caladenia will be closed:
Good Friday April 10
Easter Monday April 14
Anzac Day Public Holiday
Monday April 27

DID YOU KNOW THAT WE RUN A MONTHLY CARER'S MEETING OPEN TO ANYONE LIVING IN THE AREA AND CARING FOR A LOVED ONE WITH DEMENTIA. RING US ON 9727 2222 FOR MORE INFORMATION

New President for the Committee

At the Annual General Meeting held on October 9th 2008, Harry Moyle was nominated and elected as President of the Committee of Management for 2008-2009.

We have valued Harry's contribution as Caladenia's Treasurer – a role he has held since he joined the Committee in 1996. Harry's personal experience in financial planning and accounting has benefited us greatly, and we appreciate the time spent away from his own business in Balwyn.

Needing a new challenge, Harry nominated for President. He has been instrumental in 'leading the charge' for planning Caladenia's emergency overnight respite. His enthusiasm has not waned and we hope for a positive

outcome at the VCAT hearing in March so we can move forward in making our plan a reality.

Assisting Harry on the Committee are: Dr Hamish Russell, Vice President; Lynn Reddaway, Secretary and Committee Members: John Hale, George Hume, Meg Johnstone, Anne Ireland, Trish Maggs, Faye Roche, and our new member, Andrew Watson.

Caladenia is an independent Not-For-Profit incorporated organisation. It is governed by the voluntary Committee above who meet monthly (Executive Committee) and bi-monthly (full committee). We thank the Committee for all their hard work and interest on Caladenia's behalf.

Welcome!

We are so pleased to welcome Chantelle Monks as an Activity Assistant and already her happy, caring, warm nature has been readily accepted by our Club Members.

Chantelle first came to Caladenia years ago doing her student placement for her Certificate 111 course at Morrison House. After her studies were completed she returned as a volunteer and now we welcome her back as a staff member.

REGISTERED OFFICE:
11 HILLEDGE LANE,
MOOROOLBARK VIC. 3138

POSTAL ADDRESS:
P.O. BOX 685, LILYDALE VIC. 3140
TELEPHONE: (03) 9727 2222
FAX: (03) 9727 3787

EMAIL: caladenia@caladenia.com.au

WEBSITE:
www.caladenia.com.au
INC. NO. A0011 066C
ABN: 76 760 485 720



New Volunteers

We welcome the following volunteers:

Doris Riley, Graham Barnett, Denise Mills, Rita Foster, Michelle Reynolds,
Michael Hodgson, Ajak Thiong. & Rhonda Burns.

On the Bus

We welcome Ray Donovan to our team. Ray joins us with a wealth of local knowledge, having lived and worked in the area for many years. He is Secretary of the Rotary Club of Lilydale and runs his own Real Estate business from his home in Mt Evelyn

Known for his excellent time management and cheery personality he has managed to slot very well into the Bus Driver position here on Mondays.

Ray has a grown-up family – all of whom have been Rotary Exchange students in Africa, Germany and Norway. Ray, Donna and family often host incoming Rotary Exchange students in their busy home.

Ray's hobbies include spending time with Donna & his family & friends, outdoor activities, handyman jobs and he is an active one-eyed supporter of the Richmond Football Club.

Ray and all of our bus drivers work together with volunteer bus jockeys on their trips picking up and dropping off our members each day. Bus jockeys allow the bus driver to concentrate on driving and they are able to help members with their handbags, walking sticks,



and most importantly getting on and off the bus safely. They help make a comfortable and anxiety free ride for the people coming to Caladenia.

Anyone interested in volunteering as a bus jockey or indeed to help in our programs please contact Sarah Yeates on 9727 2222.

President's Report

I can report that Caladenia's Committee of Management has been busy over the New Year period developing plans for the future and in progressing the Overnight and Emergency Respite Centre Project. On March 16 a VCAT Hearing will determine whether a Respite Centre will be developed at our Hilledge Lane site. It is six years since our vision of an overnight respite centre was first discussed. I am optimistic that this final planning issue can soon be resolved positively

Once the formal planning process has been successfully completed we will proceed to detailed building design in conjunction with our architect and to fund raising.

We are very proud and appreciative of our staff and volunteers who conduct such wonderful programmes for our members. During February a number of our staff had homes threatened by the dreadful bushfires that claimed so many lives and so much property. Our special thanks to those other staff who worked additional hours to cover missing staff, sometimes at short notice. Fortunately none of our staff were injured or lost property from the fires and all are back at work now.

Please accept my best wishes for 2009 and be assured that your Committee is extremely focussed on making Caladenia a better respite service for all of you.

*Harry Moyle
President*

Program Changes

As a result of our Strategic Plan, changes are ahead for our Wednesday Altitude Group.

Nine years ago there was a demonstrated need in the community for a program that could cater to frail aged and isolated older people in the Shire of Yarra Ranges. Caladenia went ahead with support from the Department of Human Services and applied for funds to run the "Altitude Club".

During the last six to seven years other programs have opened up in the area to cater to this same client group, some of them running on the same day.

The Committee of Management at its November Meeting passed a Motion to provide 100% dementia specific programs. This will mean a gradual shift for the Wednesday Program, as people with Mild Cognitive Impairment and Early Dementia are referred to the group.

Committee and staff are looking forward to the challenge that this group will provide over the next two or three years as we integrate and streamline all of our programs together.

If anyone has any queries or wants to know more about changes to this group – please contact Sarah – the Coordinator on 90727 2222.

Caladenia – a service that works for you . . .

As a member of the Caladenia Community, you will be aware that we provide day programs for people with dementia 5 days a week. You may be aware that we hold a carer support meeting once a month – an informal chance for family members caring for a person with dementia to share experiences, and obtain support from both staff and other carers “in the same boat”.

But Caladenia can do much more. Our belief is in person centred care (*a flexible and responsive service centred on the needs of clients and carers*) rather than a rigidly designed service that asks carers and clients to fit in with exactly what is provided.

Caladenia was set up to provide a much needed respite and support for carers of people with dementia. This is still our core business, but the way services are provided has changed immensely.

Caladenia staff are available to answer your queries and questions, and to try and find a flexible mix of services that suit you and the person you are caring for – rather than services that are convenient for us to provide!

If you need something – extra help, information or referral to other services, or an understanding ear – please just ask. If we cannot help – we can assist to find someone that will.

Acknowledgements

A huge thank you to the members of the Rotary Club of Chirnside Park who once again helped us out with a Working Bee on Wednesday January 21st. The large pile of mulch was quickly moved onto our gardens by a procession of wheelbarrows. – we all hope that this will help our plants survive just a little during our hot summer! Thank you to Brian McCarthy, Community Service Director, for organising this working bee for us.

Our Christmas Raffle was popular with a long time volunteer, Tina Savastio, winning the main prize of a Christmas Hamper; congratulations to Committee Member & Volunteer, Anne Ireland, on winning 2nd Prize – a Red Door Perfume Pack and to Wednesday volunteer, Vicki Bover for 3rd Prize – a bottle of “Bubbly”.

The following local stores very kindly donated to the Christmas Hampers with gift vouchers received from K-Mart, Chirnside Park, Coles Supermarkets in Mooroolbark and Lilydale and Safeway in Chirnside Park. We also received two boxes of beautifully presented packets of shortbread from The Old Colonial Cookie Company in Lilydale.

Sincere thanks to our donors – Mooroolbark Theatre Group, Mooroolbark and Kilsyth branches of CWA; Mr & Mrs H. Bromiley, Mr & Mrs Riley, Mr MacKinnon, Ms M. Johnstone, Mr & Mrs Zwar, Mr & Mrs Bell, Mr & Mrs L. Skate, Mr & Mrs J. Merrillees, Mrs F. Roche, Mrs Dana, Mrs Betty Swanson, Mr & Mrs Tobin, Mrs Tina Savastio, Mr & Mrs Yarrow, Mr & Mrs Lefel, Mr & Mrs Quittendon, G. Clark.

We do appreciate your donations both large and small. They make a difference!



Yes, I would like to make a gift of: \$50 \$75 \$150 Other \$

Enclosed is my cheque / money order payable to **Caladenia Day Centre Inc.**
All donations over \$2.00 are tax deductible (DGR 900 237 377)

MR /MRS / MS / MISS / MR & MRS

ADDRESS

POSTCODE

TELEPHONE

**For more information please telephone 9727 2222. Please return to:
CALADENIA DAY CENTRE INC., PO BOX 685, LILYDALE VIC. 3140**

PRIVACY

Caladenia Day Centre Inc. recognises the importance of your privacy and the safeguarding of your personal information. If you wish to change your mailing address or discuss privacy issues please call 9727 2222.

I am interested in the following:

- Receiving Bequest Information
- Becoming a financial member
- Receiving an Annual Report
- Becoming a volunteer
- Receiving a Caladenia Information Kit
- Sponsoring an issue of the newsletter