

Providing for the social and recreational needs of people with Alzheimer's Disease and related dementias, as well as the isolated and frail aged. Offering respite, support, advocacy and referral for carers.



CALADENIA DAY CENTRE INC.

NEWSLETTER - AUTUMN 2008

“The Angel in the Stone”



Caladenia's links with other agencies are many and varied – but perhaps one of our longstanding and most valued links is with Jane Verity and Dementia Care Australia.

Many would know Jane Verity as the first person to bring Person Centred Care to Australia. She has been an important contributor to dementia care training in Australia for many years. She is the founder and CEO of Dementia Care Australia.

For the last 20 years Jane Verity has been developing her own approach to dementia care - the Spark of Life Approach.

Jane contacted me in 2007 to see if she could film a new set of training DVD's here at Caladenia. We were able to provide Jane's team with a venue and an audience – and our audience of carers had an inspirational day learning “How to dissolve difficult behaviour – Revealing the Angel in the Stone”. Jane has kindly donated a copy of the fantastic training resource

nothing better than letting others know how proud we are of the work being done here at Caladenia.

Rachel and Tim Kail from Kansas City joined us one Thursday morning in March. Many of our visitors come to observe our programs, but Jane, Rachel and Tim came to Participate with a capital “P”!. Rachel is an educator in Community and Aged Care, and Tim is a graphic designer and as we know Jane has a passion for bringing colour and life to people living with dementia – put the three of them together and you have a recipe for a fun-filled and memorable morning for all concerned.

Our guests from the USA had

comprising six DVD's and a training manual, and this is available for loan by carers, volunteers and staff.

Early this year Jane asked if she could bring two friends of hers from America to come and visit the centre. Of course we agreed – we like

come armed with sheet music and pots of bubbles, and had learnt from scratch “I'm Forever Blowing Bubbles” on the piano and guitar. Whilst Tim and Rachel played and sang – Jane invited everyone to choose a bubble pot and help bring the song to life! Our poor guests – they were asked to repeat the bubble song not once, not twice, but 5 times before everyone had run out of puff. Tim and Rachel then surprised us with a lively rendition of “Waltzing Matilda” which they had also learned just for us.

Rachel and Tim left us with gifts of tumbled and polished rocks from their local region – one for each person and memories of a terrific morning of laughter, music and bubbles.

Many thanks to Jane Verity and her team at Dementia Care Australia, and also to Tim and Rachel Kail for immersing themselves so thoroughly in our day. We wish them well and invite them back any time.

You can contact Jane and Dementia Care Australia on 9727 2744 or by mail PO Box 378, Mooroolbark 3138.



The Dynamic Music Duo

About the same time that Caladenia Day Centre began in 1983, Betty Tibballs started entertaining our members. She has had many years involved in musical theatre and choirs and in 1998 she brought Cath Hill along to accompany her on the piano.

And thereby began a talented duo who have given our members and volunteers so many happy hours of singing and dancing.

Cath came to Lilydale in 1918 and she is a well-known identity having been a piano teacher, church organist and pianist for Leo Herry's band at local dances in Yarra Glen, Seville, Wandin, Silvan and Coldstream.

Betty & Cath have, for the last ten years, arrived on our doorstep each month with smiles on their faces and music in their hearts. This 'Dynamic Music Duo' have entertained hundreds of our club members – encouraging us to join in and sing along – making us want to move with toe tapping dance tunes. An afternoon with Betty and Cath is always an occasion to anticipate.



Cath has recently made the difficult decision to retire from her regular "gigs". At a special morning tea the group presented Cath with a gorgeous bouquet of flowers and a special thank you card from us all. Of course Cath couldn't sit still – even at her own morning tea – and we were able to once more enjoy her talent.

We would like to thank her most heartily for her commitment to Caladenia and our members.

New Volunteers

We welcome the following volunteers:

Cecile La Blanche and Betty Leach in our programs and Bruce Ratcliffe as a bus jockey
Also Betty Cary who plays the piano once a month for us. *We value your commitment.*

RESPIRE UPDATE

At the final Shire of Yarra Ranges Council meeting for 2007, the Councillors voted unanimously to grant a Planning Permit for Caladenia's much needed overnight Respite Centre.

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Spirits were high but slightly dashed when we were advised in the New Year that one objector has decided to challenge the Shire's decision at VCAT. The appeal has been scheduled to be heard on May 1st 2008.

Following extensive consultations with relevant bodies, we are confident that Caladenia has complied with all planning guidelines and is able to comply with the conditions imposed by the Shire. However, we now have to await the outcome of the May 1 hearing. We have been advised that the Shire of Yarra Ranges plans to vigorously defend its decision at the VCAT hearing and Caladenia has sought permission to be represented as an interested party.

We will keep you up to date with proceedings

Introducing . . . Meg

Meg Johnstone joined the Committee of Management in 2007 and is looking forward to sharing her experiences and skills of time worked in the HACC sector.

After raising her two boys, Meg went back to study at the age of 40 and now has several certificates, diplomas and advanced diplomas in the community services field. She has worked for

local government both at the City of Casey and the Shire of Yarra Ranges. She lives in the beautiful Yarra Valley and enjoys time spent in the garden and with her family and friends.

We are very pleased to welcome Meg to the Committee



ANZ Loans can Benefit Caladenia

Did you know that you can support Caladenia when you take out a residential mortgage loan with ANZ Bank?

ANZ has approved our application as a community based charity to become a Mortgage Introducer. They have provided us with Introducer Cards for existing or prospective customers interested in taking out a new loan. The customer must present the Introducer Card when first meeting with ANZ staff about a new loan. ANZ will pay to Caladenia an initial commission calculated as a small percentage of the new loan.

Commissions are only paid:

- On new ANZ home loans, residential investment loans and home equity loans.
- Where the Introducer Card has been received at the initial interview.
- Once the new ANZ loan has been drawn down.

Recently we received a payment of \$1119.27 from ANZ for one friend of Caladenia's thoughtful gesture in nominating Caladenia as the recipient of this support of community based charities.

Please contact us on 9727 2222 for an Introducer Card to take on your first visit at your ANZ branch if you are establishing a new residential property loan.

Bouquet for Sarah

The Committee of Management nominated the very popular Coordinator Sarah Yeates, for the Aloca Foundation Outstanding Community Worker Award 2007.

Unfortunately due to the quality of an outstanding number of applications Sarah was not the winner. However she received a Certificate recognising her commitment to Caladenia and the community.

The Committee recognised the esteem and respect that the staff has for Sarah and the networking opportunities she 'grabs' for Caladenia in the community. She was a very worthy nominee and we all congratulate her and thank her for her support.

EASTER RAFFLE

Crowds gathered; excitement mounted; the tickets were ready in the basket. It was eventually time for the drawing of our Easter Raffle! Our congratulations to the winners:

1st Prize:

Original Painting – "Victoria Timber Country" by Jack Cockroft. Donated by the artist

The lucky winner was Annie from the Out and About Group in Mt Evelyn. Annie supported our raffle when her group came along to share morning tea with us recently.

2nd Prize:

Large Easter Basket. Donated by Christine Fyffe, MP, Member for Evelyn

Congratulations to volunteer Peter Guinan who we are sure was the most popular person in his house on Easter Sunday!

3rd Prize:

Knitted Mrs Easter Bunny with Egg. Made and donated by Alice Tankard

Volunteer Kathy Lee was delighted to win this beautifully knitted Bunny.

Monies raised from this raffle (\$268) will go towards the purchase of a new oven - a lovely large convection oven which will cater much better for our daily lunches. No more burnt offerings!!!

Thank you to our three donors for this year's raffle.



Acknowledgements

Simone Samuel – staff and members alike were very sorry to farewell long serving staff member Simone, back in December 2007. When Simone was nineteen years old she commenced volunteering her time with us. Within 7 months was relieving as an Activity Assistant and the following year was relieving as Co-ordinator. Over the last 16 years, Simone filled every role from cook to facilitating Carer meetings to co-ordinating to piloting our holidays away.

She has sat on the committee, fundraised, advocated for carers, members and staff rights, and has passed on her values and keen sense of fairness and equality to many others.

We all wish Simone every success in whatever professional path she follows and thank her for genuine warmth and care to all our members over the years.

Department of Human Services – extra ongoing funding to extend the dementia programs and special event funding. Program Leaders in both the dementia programs and the Altitude Club are busy working out a very special event for their groups.

Our donors for the **Easter Raffle** – see story page 3 Jack Cockroft, Christine Fyffe MP and Alice Tankard.

Dianne and Carly Schubert and families for instigating the ANZ Mortgage funding through their home loans – see story page 3

Marie Hart for a crochet rug

Everyone who supported the Christmas **Postie Fashion fundraiser**. The afternoon raised \$275 which went towards the purchase of a new barbecue.

Members of the **Rotary Club of Chirnside Park** who organised a working bee for our garden - the mulch has certainly helped during the recent hot spell.

Mooroolbark Theatre Company - \$300 towards our programs.

Cr Ken Smith for his clear, concise and supportive proposal for our application for a Planning Permit for an overnight respite centre.

Mooroolbark Bowls Club – for loan of meat slicer making life so much easier for our kitchen staff catering for our three Christmas parties.

The ladies of the **YWCA Mature Women's Group of Mooroolbark** for a donation of \$80.60.

Mr Russell Keys for his donation of a 4-point walking stick to have on hand for our frailer clients to use while they are with us.

Cath Hill – see story page 2

And our generous donors:

Judy Casper

Mr & Mrs Catena

Mr & Mrs John Merrillees

Mr & Mrs J. Cornwell

Mr & Mrs Les Skate

Mrs A. Dobson

Rosie Aloisio

Mrs Tina Savastio

Nan & Geoff Hawkes

Sandra & Barry Armstrong

John Hale

Faye Roche



Yes, I would like to make a gift of: \$50 \$75 \$150 Other \$

Enclosed is my cheque / money order payable to **Caladenia Day Centre Inc.**

All donations over \$2.00 are tax deductible (DGR 900 237 377)

MR /MRS / MS / MISS / MR & MRS

ADDRESS

POSTCODE

TELEPHONE

**For more information please telephone 9727 2222. Please return to:
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PRIVACY

Caladenia Day Centre Inc. recognises the importance of your privacy and the safeguarding of your personal information. If you wish to change your mailing address or discuss privacy issues please call 9727 2222.

I am interested in the following:

- Receiving Bequest Information
- Becoming a financial member
- Receiving an Annual Report
- Becoming a volunteer
- Receiving a Caladenia Information Kit
- Sponsoring an issue of the newsletter